



Challenging Disability Barriers: Encountering and overcoming limitations

Intro

Are you ready to rethink what inclusion means? This ENLIGHT project brings students from across Europe together to explore how physical, social, and institutional barriers shape the experiences of people with disability or chronic disease. Through interactive online sessions and a vibrant on-site week in Göttingen, you'll collaborate in international, interdisciplinary teams to design real social projects that make a difference in accessibility. This is your chance to develop critical thinking and contribute to meaningful change!

For more information, see the [ENLIGHT call](#).

Is this course right for me?

- The course is open to students from all faculties, disciplines, and degree programs. Disabled and nondisabled individuals are encouraged to participate. The diversity of ability and discipline enriches the projects and allows participants to inspect a range of perspectives.
- Along with 6 credits, students will develop their understanding of barriers, emotional challenges, and accessibility issues regarding disability. The course develops critical thinking skills through a social project with community partners, which will contribute to accessibility improvement. If you want to develop these skills for your future career and help your community, then this course is right for you!

What's in it for me?

- 6 ECTS credit points
- Collaboration with students from other ENLIGHT universities
- New perspectives, new horizons and personal growth
- Enhanced interpersonal skills and a few new friends

What's expected of me?

- Openness to different cultures and abilities
- Ability to communicate in English (good command of the language)

What is my commitment?

- Regular attendance and participation during weekly online sessions (6 total)
 - 9 February to 5 March 2026 (4 sessions), 23 March to 17 April 2026 (2 sessions tbd) – at 19:00 hrs (CET)
- Availability and active participation during the on-site week in Göttingen
 - 9 to 14 March 2026 (6 full days)
- Regular, active work throughout group projects (online and on-site)
- Completion of assignments
 - 1 online presentation on a topic in disability studies (max. 10 minutes per person)
 - 1 group project presentation (max. 5 minutes per person)
 - 1 group report (max. 5 pages per person)

Any questions?

- Please contact us at enlight-at-zess@zess.uni-goettingen.de or speak to Ashley Chandler (39-24911) or Johann Fischer (39-28560).

How can I apply?

- Students from the University of Göttingen: please apply by e-mail with a short motivation letter about why you want to participate in the course (1-3 paragraphs) and send it to enlight-at-zess@zess.uni-goettingen.de by Nov 15, 2025.
- Students from ENLIGHT partner universities: please apply via the [ENLIGHT call](#) by Nov 15, 2025.

